



Funded by the
Erasmus+ Programme
of the European Union



ERASMUS+ KA1 - Youth Exchange "YES Culture"

March 17th - 27th, 2017- Mountain District, Zagarolo, IT

INFOPACK

THE PROJECT - BACKGROUND

The Mountain District - **XI Comunità Montana dei Castelli Romani e Prenestini**, coordinating organisation of the Erasmus+ KA1 Project "**YES Culture | Youth Empowerment Socialisation - through - Culture**" and its partner organisations from Romania, Portugal and the UK, are promoting a transnational mobility opportunity for 48 young people (18-30 years old) travelling from the four partner countries to take part in a Youth Exchange that will take place from Saturday, March 18th to Sunday, March 26th, 2017, in the Italian town of Zagarolo, just 40 km south of Rome.

Arrival date: Friday, March 17th, 2017 - before 17:00

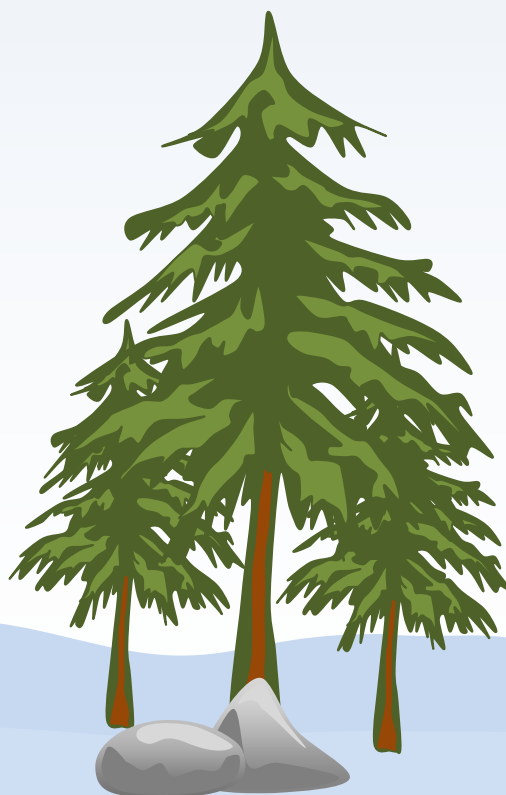
Departure date: Monday, March 27th, 2017 - after 10:00

The main activities of the "YES Culture" project will be developed around the **Tusculum Archaeological Cultural Park** at the heart of culture of the Roman Castles area in the nearby of Italy's Capital City to foster young people's participation in cultural life at both the local and transnational levels and explore with them lesser-known gems people never thought to visit that are an essential part of the European cultural heritage thus learning more about the history and traditions of their own and other cultures.

The programme will give the participants the possibility to debate on the youth role in the preservation and enhancement of cultural heritage and current European challenges as regards culture and youth participation at the local and transnational level. The ultimate aim of such programme's activities is to foster a culture of debate, to raise understanding for each other's opinions and to create a close, direct and effective transeuropean cooperation dimension and a sense of European active citizenship among young people from rural areas.



Ph.: Tusculum and Roman Castle Areas



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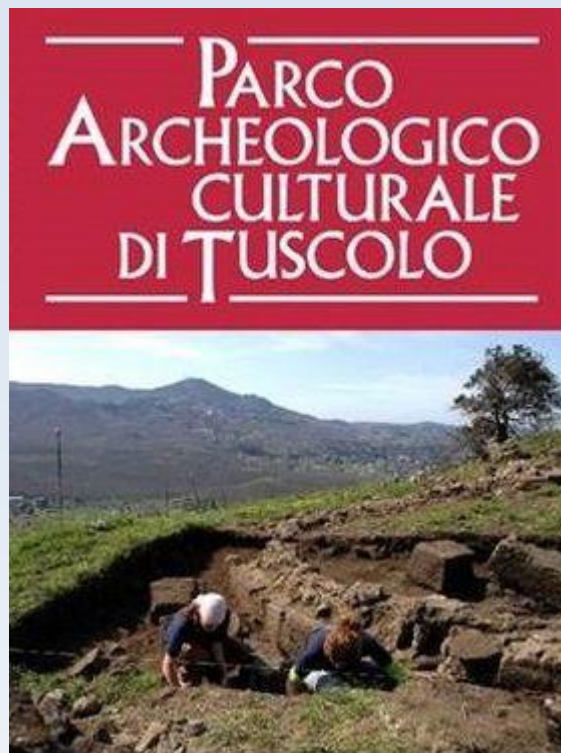
OBJECTIVES OF THE PROJECT

- 1) Allowing young people that usually are not able to take part in abroad experiences;
- 2) Improving their self-esteem and critical thinking of young people through the adoption of a peer to peer education;
- 3) Improving the young entrepreneurial skills through non-formal (NFE) and informal education approaches;
- 4) Increasing the career opportunities of young people involved enhancing their knowledge and technical skills related to the archaeological sector and the promotion of the cultural heritage more in general;
- 5) Increasing the sense of European citizenship and an understanding of European common values which can reduce discrimination and inequality acts against some target groups and facilitate more widespread and more active participation in the shaping of the of the Europe to come.

The participants will also have the opportunity to take part in some of the celebrations organised in the Capital City for the **60th anniversary of the Treaties of Rome (25 March 2017)**, including a March (March for Europe - its youth section) and an artistic performance/concert together with many other young people and CSOs gathering there from across the whole continent.



60 YEARS OF THE TREATIES OF ROME



Tusculum Archaeological Cultural Park



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THE VENUE

The Youth Exchange participants and staff will be accommodated in the WikiHostel & GreenVillage where organic farming and real local experiences are ensured. Continental breakfast, Internet Point, wi-fi, self-contained kitchen, parking and other facilities are also provided for free; sauna and laundry service are available as extra services.

To reach WikiHostel,
look at the directions here:
www.wikihostel.it/where



HOW TO GET THERE



The nearest airport to reach the venue is the **Ciampino Airport CIA** (30 km from Zagarolo), mainly used by budget airline: <http://www.adr.it/> (Ciampino).

The largest the largest airport in Rome and Italy is the **Leonardo da Vinci International Airport FCO** (42 km from Zagarolo): <http://www.adr.it/> (Fiumicino).

From Rome (Termini Station) and from Ciampino (Railway Station) to **Zagarolo** there are local trains (<http://www.trenitalia.com/tcom-en>) and local buses (<http://www.cotralspa.it/lang/>) from Anagnina Bus Station (<http://www.atral-lazio.com/en/ciampino/anagnina>).

Ciampino is a small town southwest of Rome (30 km from Zagarolo; 8 km from Anagnina Bus Station).

According to the **Erasmus+ Programme and Distance Calculator** (http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm), the travel expenses are reimbursed up to the following limits (door-to-door / return tickets):

-  **Portugal** - €170.00 / participant
-  **Romania** - €170.00 / participant
-  **United Kingdom** - €170.00 / participant
-  **Italy** - €20.00 / participant

TRAVEL TIME: maximum 2 days.

Lazio, one of the richest regions in the world as regards archaeological sites, is able to offer a large number of archaeological sites of great interest for study visits and cultural tourism, even without considering the city of Rome itself, the fascinating “eternal city”.

The whole region is hosting a number of archaeological sites ranging from protohistorian to the great and ancient populations of Lazio: the Latins, Etruscans, Falisci, Capenati, Sabines, Hernici, Aurunci, Aequi, Volsci, Romans ... Said civilisations have, during their expansion, left their mark on Lazio's history, going to form a **multi-faceted cultural heritage**, built up over the centuries.

In this scenario, the **Archaeological-Cultural Park of Tusculum** is not only a truly beloved place for those interested in history and archaeology, but also a perfect destination to enjoy the fresh air and incomparable beauty, as well as for those passionate about open air sports, cultural treasures and walking.

The **Colle Tuscolo** (or Tusculum) is located in the area of volcanic origin in the Alban Hills, an extensive and geographically varied area. This hill is of volcanic origin, dominating a broad valley, and was inhabited since pre-Roman times, from the Bronze Age; in the time of the Latin League, the city became an ally of Rome and was soon incorporated in the Roman States.

Today's archaeological site, with its explanatory panels, provides visitors with a clear panorama of the history of this settlement, inhabited up to the Middle Ages. Tusculum was initially of strategic and military importance, but with the consolidation and extension of Rome's domination over Europe and the entire Mediterranean basin, it became above all the setting for patrician villas. Thanks to the owners of these villas – starting from Marcus Portius Cato – the cultivation of grapes was promoted, something still important for the local economy.

Inside the archaeological and cultural park, it will be possible to see the remains of a forum, a **Roman theatre** and the Villa of Tiberius, as well as stretches of Roman streets, the remains of other patrician villas, a necropolis, numerous funerary monuments and a medieval tower that once belonged to the Counts of Tusculum, who were the lords of this area in the Middle Ages. Today, the hilltop is thickly wooded; the woods grew after the destruction of the town from the 18th century onwards.



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GENERAL CONDITIONS

The working language is ENGLISH.

This project is financed by the **Erasmus+ Youth** Programme (project no: 2016-2-IT-03-KA105-009083).

There is no participation fee. Being selected to take part in this youth exchange, accommodation and lodging (breakfast/lunch/dinner) will be 100% covered by the host organisation.

BASIC RULES:

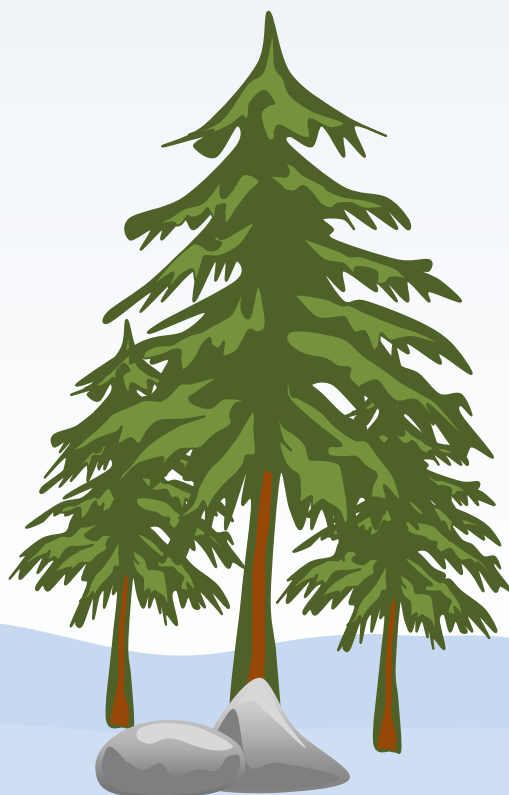
During the stay at the Wiki Hostel there will be a few rules to be respected.

Following are a few of the more common rules, and some guidelines to follow during your stay:

- 1) the shuttle between the station and the hostel is provided only to certain fixed times and it won't be guaranteed for activities that do not fall within the youth exchange and that do not have to do with departures and arrivals of the participants;
- 2) smoking, even electronic cigarettes, is prohibited on hostel property;
- 3) guests, of any age, are not permitted to bring their own alcohol onto the premises of Wiki Hostel;
- 4) it is not possible to use the refrigerator to store the breakfast owned food of the individual participants;
- 5) it is not possible to access the hostel areas where the access prohibition is specifically mentioned;
- 6) people accidentally occurring or becoming aware of damage within the the premises of Wiki Hostel, they should contact staff immediately;



Ph.: Wiki Hostel



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7) eating and drinking are not allowed in bedrooms and dorms (they are in the common areas only);

8) for any complaint or special need during the youth exchange, please contact your group leader, the trainers and the staff of Wiki Hostel (possibly in that order).

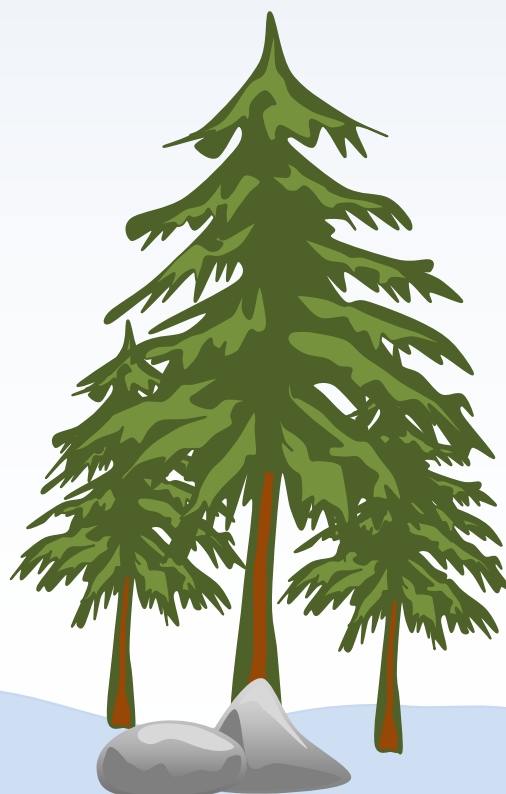
WHAT TO PACK/BRING

There are a number of things we would like you to bring along for the Youth Exchange programme as well as the informal moments in Zagarolo. They are all equally important and we would like to ask you to not only read through the list but to also bring the stuff along:

- ✓ some examples of **cultural heritage and youth participation** from your country / local contexts and materials (posters, leaflets, photos, magazines, podcasts, videos, songs, ...);
- ✓ a typical **taste** (food/drink) of your town/region and the story associated with it (we will share the stories and taste the **food/drink** during the common Intercultural evenings);
- ✓ shampoo, soap, gel, toothpaste/toothbrush, slippers, padlock, etc.;
- ✓ **towels** are not included in linen... bring your own (especially a travel-sized towel, but you don't need to bring bedlinen);
- ✓ your **European Health Card** or insurance;
- ✓ a valid **International Student Card** or Youth Card that could be useful to get special fees in museums and attractions (on presentation of your student ID card).



Ph.: Zagarolo – Wiki Hostel®



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ACTIVITY PROGRAMME FOR THE E+ YOUTH EXCHANGE “YES CULTURE”

TRAVEL DAY: 17 March, Friday | ARRIVALS OF PARTICIPANTS ~ Welcome dinner

DAY 1 - 18 March, Saturday

- 09:00 *Breakfast*
- 10:00 Warmup and icebreaker activity
- 11:00 *Coffee Break*
- 11:15 “Expectations’ wall” + “Anonymous Wall”
- 13:00 *Lunch with the staff of the coordinating organisation*
- 15:00 Exploring the programme of the activities, the accommodation and the rules, followed by a presentation of the “**No Border Onlus**” association (running the venue) current projects
- 16:30 *Welcome Drink (coffee break)*
- 17:00 **Taste of “Correggio, Raphael and Caravaggio”**
 Experiential tactile path discovering the art masterpiece using all senses and learning-by-doing
 A first introduction to the local cultural heritage through a session run by the organisers of the
 “**Correggio, Raphael and Caravaggio**” exhibition held at the Palazzo Rospigliosi in Zagarolo
 where a unique experimental tactile path, on Scannelli footsteps, has been created in 2016. It will
 be re-created and shown to the participants starting with one of the most well-known piece of
 painted artwork in the world: the “Mona Lisa” by the Italian Renaissance artist Leonardo da Vinci
 (1452 – 1519) - Expert meeting with Ms. Federica Bertini, Art History Teacher, Ph.D. Cultural
 Heritage, Youth Worker and President of the ItaliAgain Association based in Zagarolo.
- 19:30 Debriefing - Reflection Groups
- 20:30 *Cooking party with typical Italian food*

DAY 2 - 19 March, Sunday

- 09:00 *Breakfast*
- 09:30 Visit to the **Zagarolo Farmer Market**
- 13:00 *Lunch time*
- 14:30 **Workshop: Storytelling - ideas about the Future of Europe**
FOCUS: inclusion and sense of belonging
- 16:30 *Coffee Break*
- 17:30 Welcome meeting in **Palazzo Rospigliosi of Zagarolo**
 outdoor visit to the 16th-century historical building (Palazzo Rospigliosi) located in the city center
 of Zagarolo on the site of an ancient medieval castle, today hosting the **Library of Zagarolo** and
 the **Toy Museum** (which illustrates the evolution of toys during the 20th century) apart from being
 used for conventions, exhibitions and other cultural events.



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DAY 3 - 20 March, Monday

- 09:00 *Breakfast*
- 10:00 **PLAY GAME (I round)**
- 11:30 *Coffee Break*
- 11:45 **PLAY GAME (I round)**
- 13:30 *Lunch time*
- 15:00 **PLAY GAME (II round)**
- 16:30 *Coffee Break*
- 16:45 **PLAY GAME (II round)**
- 18:00 **Intercultural nights organisation (decision-making)**
- 19:00 **Debriefing - Reflection Groups**
- 19:30 *Dinner*
- 21:30 **Intercultural night with drinks and food typical of the UK (brought by the participants)**



DAY 4 - 21 March, Tuesday

- 08:30 *Breakfast*
- 09:00 **Transfer to Rome with the whole group**
- 10:00 **Tour to the archaeological areas in Rome**

Group visit to the archaeological site of the **Imperial Fora (Fori Imperiali)** in the city centre of Rome, one of the largest areas in the world built by Caesar and the emperors who followed him where the Roman civilisation began and evolved throughout the centuries. Initially built between c. 54 B.C.E. and 113 C.E., with continuing additions, restorations, and modifications through late antiquity, digging, research and studies are still underway in the contemporary age. The staff of the coordinator organisation will illustrate the site, the theater and the amphitheater. The visit aims to stimulate interest about cultural history, and to make young aware of the potential of their territories as modern “cultural industries” and the relationship between past and the present in archaeology from a youth participation perspective.

- 12:30 **Lunch time in Rome**
- 14:30 **Pictures to be taken during side walking in Rome for the #InstagrACT coordinated, innovative activity “#InstagrACT - Phototelling my Cultural Heritage Adventure”**
- 18:30 **Return to Zagarolo**

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19:00 Debriefing - Reflection Groups

20:00 *Dinner*

DAY 5 - 22 March, Wednesday

09:00 *Breakfast*

09:30 Transfer to Rome with the whole group

10:30 *Free time in Rome*

13:30 *Lunch time: packed lunch in Rome*

15:00 Visit to selected associations in Rome dealing with migration-related issues

18:30 Return to Zagarolo

19:00 Debriefing - Reflection Groups

19:30 *Dinner*

21:30 Intercultural Night with drinks and food typical of **Portugal** (brought by the participants)

DAY 6 - 23 March, Thursday

09:00 *Breakfast*

10:00 Peer-to-peer discussion about the migration topic and country analysis/proposals/wishes

13:30 *Lunch time*

15:00 “Big Paper” activity

16:30 Peer-to-peer (P2P) discussion about the visits carried out in Rome

18:00 *Free time*

19:00 Debriefing - Reflection Groups

19:30 *Dinner*

21:30 Intercultural Night with drinks and food typical of **Romania** (brought by the participants)

DAY 7 - 24 March, Friday

08:30 *Breakfast*

09:30 Visit to a National Museum belonging to the “**Museumgrandtour Territorial Museum Network**”: either The National Archaeological Museum of Palestrina, hosted inside the Colonna-Barberini talace in **Palestrina** or the National Museum of Roman Ships in **Nemi** (visits based on certain weather conditions)

13:00 *Outdoor lunch*

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- 15:30 Visit to the **Tusculum Archaeological-Cultural Park**, in particular to the Amphitheatre of Tusculum and to the Roman Theatre of Tusculum in the Forum area, among the main historical sites located at the heart of the history and culture of the Roman Castles area.
- 18:30 Visit to the “**Tondo**” **Gladiatorio** or “Ludus gladiatorii” (I a.C.) in **Zagarolo**
- 19:30 Debriefing - Reflection Groups
- 20:00 *Dinner*

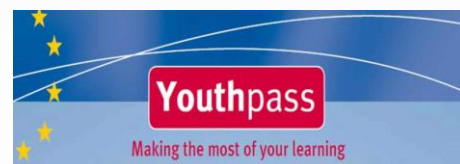
DAY 8 - 25 March, Saturday

- 08:00 *Breakfast*
- 08:30 Transfer to Rome with the whole group
- 10:00 Celebrations in Rome for the 60th anniversary of the Treaties of Rome
- 13:00 *Lunch time in Rome*
- 16:00 Return to Zagarolo
- 17:00 Social Activities - FAMILY PIC-NIC / HUMAN KNOT
- 19:30 Debriefing - Reflection Groups
- 20:00 *Dinner*



DAY 9 - 26 March, Sunday

- 09:00 *Breakfast*
- 10:00 Peer-to-peer (P2P) discussion on ICT tools / culture and creativity innovation impact
- 11:30 *Coffee Break*
- 12:00 **Erasmus+ Presentation**
Introduction to the “**Erasmus+ 2014 - 2020 EU Programme for education, training, youth and sport**” with specific reference to its YOUTH Chapter (Meeting with Experts/NFE)
- 13:00 *Lunch time*
- 14:00 “Expectations’ wall” FOLLOW UP - Group discussion
- 15:30 Evaluation of the Youth Exchange “YES Culture”
- 16:00 *Coffee Break*
- 16:30 Youthpass Introduction Activity - *The “River Metaphor”*
- 17:30 Youthpass Certificates Delivery Ceremony
- 18:30 Closing Plenary Session





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20:00 Dinner

21:30 Farewell Party

DAY 10 - 27 March, Monday

10:00 DEPARTURES OF PARTICIPANTS

SOCIAL MEDIA

Active social participation online and offline is essential for the "YES Culture" project's success.

Be an active participant on social media network, too ...with relevant news, articles, pictures and posts!

Please, start following the social media channels of the Mountain District ~ XI Comunità Montana Lazio:

[Twitter.com/InfoMontana](https://twitter.com/InfoMontana) (Twitter)

[Facebook.com/ComunitaMontanaCastelliRomaniEPrenestini/](https://facebook.com/ComunitaMontanaCastelliRomaniEPrenestini/) (FB)

[Instagram.com/comunitamontanacastelli/](https://instagram.com/comunitamontanacastelli/) (IG)



and using the hashtags:

#YESCulture

#EU6o

#ErasmusPlus

#Erasmus3o

#wikiexperience

#CMCastelli

or creating new ones!

What the



#Hashtag?!

Should you have any questions, suggestions, problems or proposals, please do not hesitate to contact us at any time. We will respond as quickly as we can!



Ph.: View of Rocca di Papa, XI Comunità Montana dei Castelli Romani e Prenestini[©]

See you soon in Italy!

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FB Event: http://bit.ly/YESCulture_FB

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#YESCulture